

# YE ” Explore, expend and improve yourself”

03-14 January, 2017

*Vienna, Austria*

## *Dear participants,*

We are glad to welcome you to the Youth Exchange ” Explore, expend and improve yourself” and we are looking forward to meet you in Vienna very soon. Please, read all the provided information carefully and don't hesitate to contact us with anything related to your participation in the project.

## About the organizer

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The organizer of the project is “Be- Education, Equality, Sustainability (BEES)”. The “Be-Education, Equality, Sustainability (BEES)” is a non-profit and politically impartial association located in Vienna, Austria. It offers non-formal education and youth exchange among Austrians and other Europeans by implementing projects, internships, workshops, seminars, tutorials etc. The ultimate goal is to promote common European values, foster social integration, enhance intercultural understanding, and a sense of belonging to a community.

The association covers main topics such as equality, sustainability and culture.

The main activities and objectives of BEES are as follows:

1. Offering diverse non-formal activities (workshops, seminars, tutorials etc.) on various topics (equality, sustainability and culture). The aim is to enhance the skills and competences of young people.
2. Establishing a network among youth, students and experts from various fields of work, in order to connect, exchange experiences and participate in fruitful dialogue.
3. Establishing cooperation with educational institutions, as well as associations and organizations with similar goals in Austria and Europe.
4. Organizing podium discussions, conferences, events, and cultural nights in order to provide mutual understanding on diverse topics that tackle current global happenings.

We believe that by investing in education, skills and competences can benefit not only individuals, but society as a whole.



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## About the project

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In 1983 development psychologist Howard Gardner proposed the theory of multiple intelligences. He claimed that our intelligence or ability to understand the world around us is complex and can't be measured with an IQ test. Some people are better at understanding some things than others.

Gardner's work around multiple intelligences has had a profound impact on thinking and practice in education and it has a clear and direct connection to learning to learn.

With this youth exchange we wish to invite young people to explore their learning styles, their strengths, talents and their potential, raise their awareness of who they are and what they are capable of. The entire learning process will be designed around exploration and development of eight intelligences as formulated by Gardner.

## Objectives

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- to invite young people to explore their learning styles, their strengths, talents and their potential,
- raise their awareness of who they are and what they are capable of,
- to contribute to young people's personal development and expand their professional opportunities,
- to help them to set up learning and career goals by creating a safe atmosphere for non-formal learning,
- to develop participants' life-long learning competencies, self-awareness and promote active and creative participation of young people in processes and events around them.

The working methods are strictly non-formal. Program includes ice-breakers, team building, team cooperation exercises, outdoor activities, problem solving initiatives, dance theatre, visual art activities, work with body and movements, collage, role-playing, group work, brainstorming and debating, quizzes..., using of materials to create alternative methods of presenting, exercises aimed at developing emphatic attitudes towards others. Special attention will be paid to reflection on individual experiences.

## Participants

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Participants will be 35 young people and group leaders from Austria, Serbia, Albania, Bosnia and Herzegovina, Slovakia, Spain, Turkey. Each partner will select 4 participants + 1 group leader (ideally gender balanced).

Participants of this exchange will be young unemployed people who are still deciding about their goals, still exploring their carrier opportunities. Exchange will help them to become more self-aware and gain skills and knowledge that can be easily transferred to other educational and working contexts and help them in search for job or applying for studies.

Participants should be ready for an intercultural experience. and interested in becoming agents of change in their organizations and communities.

The participants should be:

- Be able to work in English

- Fully participate in all the workshops and activities on the Youth Exchange.
- Share the newly acquired knowledge with members of their sending organization once they get back from the exchange, and take part in the follow up activities.
- Be able to attend the entire duration of the Youth Exchange

## Finances

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The youth exchange is implemented by support of the European Commission programme ERASMUS+ and the Austrian National Agency. Travel Expenses (according to Erasmus+ guidelines), accommodation, food and planned activities will be covered by the project budget.

We will reimburse travel costs as listed below on the basis of the *cheapest* possibilities, e.g. second class railway tickets, APEX-flights etc. by bank transfer after the Youth exchange and the receipt of all ORIGINAL tickets, bills, invoices, receipts, boarding tags/cards etc. Following the guide lines of the Erasmus + programme the travel back must be realised by the participants on direct way within maximum 2 days. In case of longer stays or indirect travelling (holiday travel etc.) there is no chance of reimbursement of travel costs. Missing tickets will not be reimbursed. Please, keep the original tickets in order to get money back.

### Maximum travel costs for each participant is from home town to Vienna (Austria) and back:

Country	Number of persons-APV	Number of persons-YE	Costs per person
Austria	2	5	0.00
Serbia	1	5	80.00
Albania	1	5	170.00
Bosnia and Herzegovina	1	5	170.00
Slovakia	1	5	80.00
Spain	1	5	270.00
Turkey	1	5	270.00

**IMPORTANT: PLEASE KEEP ALL YOUR ORIGINAL TRAVEL INVOICES AND BOARDING PASSES.**

**THE YOUTH EXCHANGE WILL START AT 7:30 PM (DINNER TIME) ON JANUARY 3<sup>rd</sup>. PLEASE MAKE YOUR TRAVEL ARRANGEMENTS ACCORDINGLY!!!**

## Food

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The provided food (3 meals a day) may differ from the food you are used to from home. However, we will try our best to accommodate your needs and dietary requirements. Please make sure, you indicate any special needs in the application form!

## What to bring

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- **About your NGO** - You are encouraged to present your NGO's daily work through oral presentations. We fully encourage you to bring information in English language about your organization. To bring other relevant information about your previous international projects you have organized

-Warm Clothes

-Good Mood

**If you have any questions concerning your participation or need additional information please feel free to contact us any time!!!**

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# SEE YOU SOON IN VIENNA